PAPULAR URTICARIA

It is an exaggerated allergic reaction to insect bite seen in sensitive individuals.

It is more common in children than in adults.

If it is a flying insect it can involve hands, legs and face; if it is a crawling insect it can involve covered areas like back and buttocks.

If ignored it can get infected.

Papular Urticaria can begin at any age and may last 2 – 6 years.

It begins in pre-school children and tends to improve with age.

The growing immune system of children will produce an exaggerated response to insect bites. As child grows tolerance develops and reaction becomes less and less severe. It may take anywhere from 2 to 6 years, for this to happen.

When the condition begins the spots are produced at the site of bite, but later on all the old spots will itch and flare at every subsequent bite.

Protection:

By keeping body covered (full sleeves and full pants).

Using insect repellents morning and evenings.

Use of mosquito mats 2 times a day.

In very young children use gel form of insect repellants morning and evenings.
Mosquito nets may be used at bed time.

If there are pets at home, get them examined for fleas by veterinarian twice in a year.